Medical disclaimer

These services should not be used without suitable medical consultation and care. If you believe you may have a health issue or disease, we urge you to consult with a healthcare professional for diagnosis and treatment.

The insights provided by Modern Wellness are disseminated for educational and informational purposes, and they are not intended to serve as a diagnosis, treatment, or alternative to professional medical advice, diagnosis, or treatment.

We advise you to consult a healthcare professional or physician for your unique healthcare and medical needs or concerns.

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